

DISCLAIMER

The event organisers (Nixercise) do not accept liability for theft or damage to personal possessions; personal injuries or medical conditions that develop during or after the training sessions.

The event organisers (Nixercise) do not accept any liability for any injury to the participant during participation of the fitness classes beyond what is covered by the fitness trainers' own public liability insurance. It is the sole responsibility of the participant to ensure that he/she has adequate personal insurance cover in respect of physical injury and other medical risk(s).

The event organisers (Nixercise) are not a medical establishment. If you suffer any illness you must consult your doctor before attending. We do not prescribe any medical supplements. When you make your booking with us you have to agree you are able to complete full bodyweight activity. If you have any health conditions you will need to inform the event organisers (Nixercise) of these. We may ask you to provide a consent form from your doctor to confirm you can take part in physical activities.

I agree to all of the above.

NAME:

FULL POSTAL ADDRESS:

SIGN:

PLEASE PRINT NAME:

DATE: